

St. Valentine's Day Lunch

Where: Nick's Family Restaurant | 1716 London Line, Sarnia

When: Wednesday, February 14

Time: 11:30 a.m.

Bring your sweetheart; choose your own fare and brew from Nick's great menu selection. Come and chat about the winter blahs or "whatever" with your colleagues and friends.

RSVP by February 13 – Call Josh (519-869-8282) or Mel (519-334-2931)

Let them know if you need a ride!

Tax Tips for 2018 to assist Lambton College Retirees

From John Hodgjin, Retired Accountant

Income Splitting - You may split your registered pension income with the spouse having the lower income.

Charitable Donations

The federal charitable donation tax credit is 15% on the first \$200. of eligible donations. The tax credit is 29% on any donations in excess of \$200. Record donations on the spouse having the higher income. You may want to defer claiming this credit if your donations total less than \$200. You can carry eligible donations forward for up to 5 years.

Medical Expenses:

An individual may claim a credit for any non-reimbursed (out of pocket) eligible medical expenses. Receipts must support expenses claimed for ANY twelve month period ending in the taxation year.

Premiums paid to a private health care company for medical, dental, extended health

Kilometres traveled for medical purposes in excess of 40 kilometres to and from your home. If you are required to travel more than 80 kilometres for medical purposes when services are not available in your area - meals, accommodation, and parking fees are also eligible expenses.

Medication when prescribed by a registered physician or dentist and dispensed and recorded by a qualified pharmacist.

Disability Tax Credit

If taxable, this credit will save about \$ 1,400.00. As we age more things seem to go wrong mobility issues, problems related to eyesight, hearing, speaking, this Credit may be of assistance. The form must be completed by a qualified practitioner – Medical Doctor, Optometrist. This form is detailed and quite time consuming.

Lambton College Retirees' Club – Year 2018 in Review

The following are some of the highlights of YOUR club's activities & events during the past year.

In **February**, we enjoyed a Valentine's Day luncheon get together at Nick's Family Restaurant. A big slice of the 20th anniversary cake didn't hurt our enthusiasm.

In **April**, a few of our members used their pottery skills and participated in the Annual Empty Bowls event for charity.

Later in April it was time to get together for another luncheon.

In **May**, an "ASIST" Workshop – Applied Suicide Intervention Skills Training was given by our colleagues Ruth Geurts & Joe Cannon, certified trainers.

At the Employee Recognition Event total of thirty-eight new employees were recognized and awards were presented for the 10, 20, 25 & 30 years of service. The Dee Cox Award was presented to Lois Nantais and the President's Award was presented to Mary McHenry.

In **June**, we welcomed 10 new retirees.

In **July**, we enjoyed a lunch at the new Match Eatery & Public House Restaurant at the Point Edward Casino.

In **October**, our fall luncheon was held at John's Restaurant.

In **December**, we had a good turn out of members, spouses & guests to help us celebrate our 20th Annual Christmas Social at the Quality Inn. Eleanor Yates surprised us with good wishes on film from Margaret & Ingo Niestroj, in Germany, showing the area where they now live.

A "special" thank you to Lorraine Cheney & Jim Sharp for taking many photos of the evening happenings. Thanks to Kathi V for filming our after dinner stories for the retiree archives. We collected many non perishable food items for the College Food Bank & toys for the Salvation Army.

A group of four new retirees were welcomed at a pre christmas employee recognition.

- Susan Bernardi
- Anne Marie Cosford
- Mary McHenry
- Tim Sparks

We congratulate all of the 2018 retirees and wish you a happy & healthy future retirement.

Special Congratulations go out to the Enactus Lambton People

In our June 2018 edition we congratulated the Enactus Team as they celebrated victory at national competition in Toronto. The group then went on to California in the Fall to compete in an international event – against 36 teams from across the world and **WON THE ENACTUS WORLD CUP!!** "L a m b t o n – L a m b t o n – L a m b t o n"

On a sombre note – again this year we lost some dear colleagues

- Muriel Church
- Ron Fournie
- Delores Travail
- Dr. Bill Forbes
- Dan Overy

Also this year...deaths of members of the college extended family...

- Shannon Baarschers, sister of Tracy Perron
- Julie, daughter of Phil McLimont
- Patricia Brandt, wife of Andy Brandt

We will miss them and treasure the good memories.

The executive generally meets by- monthly to plan activities and we prepare and send out about 240 newsletters every 2 to 3 months announcing various activities, events, etc. We also attempt to keep you up to date by email as we sends out notifications throughout the year of various College and OCRA functions.

The current club membership of 129 retirees, includes 5 lifetime members. The club's credit union account has a balance of \$574.

I would like to take this opportunity to thank the members of the executive for their contributions to the club's success this past year. Without the efforts of these people, those activities previously mentioned, would never have happened.

- Alma Brown
- Josh Lipszyc
- Ursula Westelaken
- Cathy Bull
- Pat O'Connor
- Ray Wreford
- Terry Cameron
- Gerry Page
- Mary Leckie
- Des Pigott

I extend an invitation to each and everyone of you to get involved with YOUR club. We always have room for more people and new ideas.

Submitted By,

Mel Sparks, Chairperson

In Memory



In Memory of Shirley Worrall-Roberts

Shirley was one-of-a-kind. She worked with me in Student Services for most of my career at Lambton College.

Patience was one of her most precious virtues. She had it in spades. Actually I never experienced her at the end of it – came close a few times--- but never over the edge. Other obvious virtues included a wonderful and pleasing personality, ability to say ‘no’ without saying the word, and dedication to her job and to the College. Because of my position she was aware of much confidential information. As a true professional she kept it to herself.

I can remember how she struggled at the beginning to become computer literate (as did a few others in the department). However, given time she mastered this new skill and embraced the technology. She would pleasantly but firmly steer people away from my door when she knew I didn’t want to be interrupted or didn’t really need to see a particular person; but she frequently gave a free pass to the students.

I remember that she and Cam Rigby, a retired member of Student Services, were BFFs. At Christmas we always exchanged gifts, However, we both had the same problem – what do you give somebody, who doesn’t really need anything, something different and unique? She was better at this than me. I remember one year she gave me an exotic air plant. But that wasn’t enough - it came complete with a water spray bottle and her instructions on how to care for it.

She was very close to her family – husband Bob, son David and daughter Lorraine. It was not an easy life for Shirley and Bob as they had a son with a learning disability. They experienced a lot of stress but it rarely showed in the workplace. When Bob passed early she was left to cope with their son on her own. Lorraine was a strength for her and helped to carry the burden.

Some years later she met and married Ed Roberts who was a wonderful partner for her. Heather & I kept in touch with Shirley and Ed for many years after we both had parted from Lambton. An occasional visit in Sarnia and infrequent email exchanges and cards over the years. She never forgot my birthday (even though I was trying to forget it).

She will be missed by Heather and me as well as David, Lorraine, Ed, their extended family and those grand/great grandchildren.

RIP Shirley – Norm Rath



In Memory of Dan Overy

I began working with Dan in 1992 in the Law and Security program and Correctional Worker program. I also knew him from his policing days.

He often referred to me as his ‘work wife’ because I was constantly reminding him of meetings to attend and tasks to be completed in his role as Coordinator.

While I was/am an organizer and planner, Dan would prepare on his way to the meeting. We shared an office for a few years prior to his retirement. Students loved this man. I often had to elbow my way into the office and shoo a student from my chair. They would seek his advice regarding an assignment, test, job opportunity or simply to chat. When he wasn’t in the classroom, Dan could be found drinking a coffee and smoking a cigarette outside the cafeteria entrance

or reading a novel in his office. So. Many. Novels. Dan The Man was the ultimate storyteller, and author of infinite 'Dan-isms' (their phrase) imparted to his students throughout his tenure at Lambton College.

- Janet Hoffman

Your 2019 Club Membership Fees are due.

If you have not yet paid them, please send in your cheque for \$10.00 – or \$20.00, which will also include your annual membership with O.C.R.A. (Ontario Colleges Retirees' Association).

Mail to: Lambton College Retirees' Club
1457 London Road, P.O. Box 969
Sarnia, Ontario N7S 6K4

We've lost contact with some Retirees' and are unable to send them a Newsletter

- Al Arbour
- Yvonne Clarke
- Bill Cuthbert
- Lori Duquette
- Don McCahill
- Bob Morton
- Danielle Paulin
- Pat Sayers
- Don VanderKlot
- Simon Yi

Please help us find them...Contact Mel at email patmelsparks@bell.net or any member of the executive.

Check out our new web section @ <https://www.mylambton.ca/college-information/retirees>

Your ideas and comments for improving the site are important to us. Tell us how we're doing!

Important Date

The 12th Annual Empty Bowls will be held at the Lambton Event Centre on April 11th . There will be 2 seatings, at 5:00pm and at 7:00pm. All proceeds will go to the College Food Bank and the Inn of the Good Shepherd. We now have 6 retirees, all experienced potters, that have been preparing bowls for this event over the years. The cost is \$25. Per person. Please come out and support their charitable cause.

Photos from our 20th Anniversary Dinner



Mary and Des



Nancy, Tim, Karen, Cheryl, Marcy, John, Karen



Terry & Loretto



Mabel & Jane